

NEWS SPECIAL



Ramadan

Over the last three weeks many of our Ebor Family have been observing Ramadan and are looking forward to celebrating the end of it with Eid Al-Fitr. At school we will be celebrating by having class Eid parties where the children can share how they celebrate Eid at home and can come to school in traditional clothing or in bright coloured clothes. This will take place on **Friday 14th May**.

What is Ramadan?

During the month of Ramadan, Muslim people will fast. This means that they cannot eat or drink anything between sunrise and sunset.

Muslims believe that fasting reminds them of people who have less than they do, as well as making them think more about their actions.

Helping others and doing good deeds is an important part of Ramadan. Sometimes, this means giving money to charities or people that need help. It can also mean being kind, giving your time and sharing what you have.

Not every Muslim person is expected to fast. Young children and older people are not expected to fast, although sometimes, they do. People who are unwell are also not expected to fast, but they will have to 'make up' any missed days before the next Ramadan.

Ramadan Calendar

Some Muslim children will have a Ramadan advent calendar.



The calendar is usually made from fabric or cardboard and will have 29 or 30 doors or pockets to open, each with a number to 30 on.

Inside each one is an action to complete. These are usually ways you can help other people and treat them with kindness.

Suhoor

Suhoor is the meal Muslim people eat before their day of fasting starts. This meal is very important. The people who are fasting have to make sure they eat the right kinds of foods to give them energy for the rest of the day. Muslims will get up very early in the morning, before the sun comes up (around 4 a.m.). Foods eaten during Suhoor include eggs, bread, rice, yoghurt, fruit and vegetables.



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Iftar

Iftar is a very important meal during Ramadan. This is the time when Muslims will break their fast and are able to eat again. As the sun goes down, Muslims will break their fast with something small, like dates and water. Then, they will say the Maghrib prayer. Once the sun has completely gone down, they will eat a larger meal. Usually, Iftar meals will include rice, chicken or beef, yoghurt, samosas, roti and desserts, such as sweet rice.



Eid al-Fitr

Eid al-Fitr is the festival that marks the end of Ramadan and the fast. It lasts for three days. During Eid, Muslims thank Allah for the help and strength he gave them when they fasted. The festival starts when the new moon is seen in the sky.

Eid Celebrations

Muslims take part in many activities to celebrate Eid. They will often buy new clothes and decorate their hands with henna designs. There will be special prayer services at the mosque and people will say special prayers in their homes. Muslim people will say 'Eid Mubarak!', which means 'Have a blessed Eid!'. Mus-



Holiday/INSET Dates

School closes for half term—Friday 28th May 2021

School re-opens—Monday 7th June 2021

School closes for Summer on Friday 23rd July 2021.

INSET Days—26th July 2021 & 27th July 2021

Dates
for your



To all those celebrating, we at Ebor Gardens hope you have a wonderful day with your families and look forward to hearing all about it from the children..
Eid Mubarak!



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