



EBOR GARDENS
Primary Academy

Week 1 Menu

W/C – 18/04/22, 09/05/22, 06/06/22, 27/06/22, 18/07/22



EBOR GARDENS
Primary Academy

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Pork Sausage	Beef Spaghetti Bolognaise	Roast Chicken Dinner	Macaroni Cheese	Fish Finger Bap
VEGAN GREEN	Vegan Nuggets	Vegan Vegetable Bolognaise	Roasted Vegan Fillet	Vegan Fillet Wrap	Vegan Roll
BLUE HALAL	Chicken Sausage	Halal Beef Bolognaise	Halal Roast Chicken Dinner	Macaroni Cheese	Fish Finger Bap
JACKET POTATO YELLOW	Fresh Baked Potato with Cheddar Cheese or Beans	Fresh Baked Potato with Tuna or Cheese	Fresh Baked Potato with Cheddar Cheese or Baked Beans	Fresh Baked Potato with Cheddar Cheese or Tuna	Fresh Baked Potato with Cheddar Cheese or Baked Beans
CARBOHYDRATE	Mashed Potato	Spaghetti	Mash and Yorkshire Pudding	Pasta/Garlic Bread	Oven Baked Chips
VEGETABLE	Mixed Vegetables	Sweetcorn and Roasted Peppers	Carrots and Savoy Cabbage	Green Beans and Sweetcorn	Garden Peas Baked Beans
DESSERT	Chocolate Brownie	Jelly	Angel Delight	Apple Shortbread	Ice-Cream



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Week 2 Menu

W/C – 25/04/22, 16/05/22, 13/06/22, 04/07/22



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WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE RED	Mild Chicken Korma	Cheese & Tomato Pizza	Roast Chicken Dinner	Minced Beef Cottage Pie	Fish Fingers
VEGAN GREEN	Pepper, Potato and Chickpea Korma	Vegan Plait	Vegan Fillet	Vegan Roll	Vegan Wrap
BLUE HALAL	Mild Chicken Curry	Cheese & Tomato Pizza	Halal Roast Chicken Dinner	Halal Minced Beef Cottage Pie	Fish Fingers
JACKET POTATO YELLOW	Fresh Baked Potato with Cheddar Cheese or Baked Beans	Fresh Baked Potato with Tuna or Baked Beans	Fresh Baked Potato with Cheddar Cheese or Baked Beans	Fresh Baked Potato with Cheddar Cheese or Tuna	Fresh Baked Potato with Cheddar Cheese or Baked Beans
CARBOHYDRATE	Rice	Diced Potato	Mash Potato and Yorkshire Pudding	Mash	Baked Oven Chips
VEGETABLE	Mixed Vegetables	Sweetcorn and Peas	Carrots and Savoy Cabbage	Broccoli and Sweetcorn	Garden Peas or Baked Beans
DESSERT	Ice Cream	Jelly	Chocolate Sponge & Chocolate Sauce	Cookies	Bananas and Custard



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Week 3 Menu

W/C – 02/05/22, 23/05/22, 20/06/22, 11/07/22



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WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Mild Chicken Tikka	Pork Hot Dog	Roast Chicken Dinner	Broccoli Cheese Bake	Fish Fingers
VEGAN GREEN	Pepper and White Bean Chilli	Vegan Dippers	Vegan Fillet	Vegan Vegetable Bake	Vegan Falafel
BLUE HALAL	Halal Mild Chicken Tikka	Quorn Hot Dog	Halal Roast Chicken Dinner	Broccoli Cheese Bake	Fish Finger
JACKET POTATO YELLOW	Fresh Baked Potato with Cheddar Cheese or Beans	Fresh Baked Potato with Tuna or Cheese	Fresh Baked Potato with Cheddar Cheese or Baked Beans	Fresh Baked Potato with Beans or Tuna	Fresh Baked Potato with Cheddar Cheese or Baked Beans
CARBOHYDRATE	Rice	Oven Baked Wedges	Mash Potato	Garlic Bread	Oven Baked Chips
VEGETABLE	Mixed Veg	Roasted Sweetcorn Broccoli Florets	Carrots and Broccoli	Green Beans and Sweetcorn	Garden Peas or Baked Beans
DESSERT	Lemon Cookies	Jelly	Chocolate Cup Cake	Cheesecake	Ice Cream